**CHAPTER 1: LOVE THE LIFE YOU LOVE**

“I asked GOD to give me everything I could enjoy in life.

GOD gave me LIFE so that I could enjoy everything.”

**THE BEGINNING**

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The beginning is the most important part of any work. We will never be able to know unless we begin. Life is a nourishment given to all by the Almighty. To know life is to thread your way into it by acquainting yourself with it.

As I am expanding and writing to know life more deeply, I find there is something unique in it which we all miss – out on, though each one of us use it emotionally and freely to transform our lives.

Focusing on the change of ideas on life which keeps persistent and consistent, but which at times seems to be a turning point that leaves as unhappy silence.

So how do we describe life? Are we living large with life, or it is covered with a shadow of gray? An intense thought shows we were and are living with heartbreaks, family loss, financial hardships, illness, bereavement depression, dejection, and of dreams unfulfilled Is this the real image? We all know very well that every coin has two sides and life does too. Do we ever think of what life has given us? No, most of it is not accommodated in our space.

What about the joy, the health, the home, the family, the presence of our parents, the promise of God, His blessing and the beautiful world we live in. We may have missed out on a few things unknowingly. Life is an unknown trip of ups and downs for every living being. There is sorrow and there’s joy there’s rain but sunshine too, there’s darkness but there’s brightness nearby. Everything is connected to our state of mind easy to break difficult to make. All one needs in this life is to conquer ourselves.

What we mess in life is not always important as what we find in search of ‘WHY’ **THAT’S HOW THE SAYING GOES (SEEMS ODD)** voicing uncherished moments will take u nowhere, truly finding a new path will lead u somewhere. So, the best thing is to search for the light which lies at the bend gone unnoticed.

**THE RHYTHM OF THE PROVERB EXPRESSES THAT ‘EVERY CLOUD HAS A SLIVER LINNING’.**

**MANY REACT WITHOUT HESITATION SAYING, “WHERE IS THE SLIVER LINNING?”**

**IF U HAVE THE FAITHAND COURAGE TO PURSUE YOUR GOAL, ALL YOUR DREAMS CAN COME TRUE. IF YOUMISS TRYING, YOU WILL LOOSE WHERENCE OF YOUR GOAL.**

Let us always remember that life is full of unexpected things as it is a completely a series of moments. To be living one needs to cross the hurtless creating a happy frame of mind and learning to live in both the bright light and the darkness. The only difference is to wake and open the doors of light.

Life is also an ever growing and creating workforce through many challenging requirements. A desire for excellence a guest to achieve higher heights without the realization that they may or may not bring success. Sometimes it’s a bright day, sometimes a dark day and cloudy. Each expectation may not materialize moving you into a shell of depression. This upward force of defeat and failure and doubt and results in the caving in of the long-cherished ambitions.

The way to straighten life is to emerge and make effort, every moment a new approach by recedingly the inner light of courage to start a fresh. It may be difficult, not impossible.

Just remember that yesterday is not our to recover from. Tomorrow we may have treasured chance or may get a small space in a closet, but we need to keep in mind that today is the day which cannot be ignored. Hence live life with the hurdles and the smooth ground and term them as challenges which will finally help you to discover ‘YOURSELF’ that which you hardly really known.

Life is like a book, if opened you will find it interesting and valuables, if kept closed it collects dust. Do not let the unfair barometer disappoint you and cast a shadow on the new beginning. Open wide your eyes and fly against the storm, there is always a new dawn waiting.

Every effort has a fulfilment and in every weakness a rebuilding of strength.

Time is signalling you to fill the space and renew your thoughts for every action is the governing factor of your own thoughts. Life is the momentum of the present days. It never seems to be the way one wants; it is for us to fill it with perfect moments. Let the days not hamper it. Try to stretch your hands to broaden the horizon. Do not let the tormenting memories of failure block the doors of hope. Failure does not mean that is everything is lost; it means you must try a little harder to prove yourself and find the hidden message of moving ahead.

“**YOU ARE BETTER THAN YOU ARE, IF YOU KNOW AND READ YOURSELF”.**

Now here comes the time to repair and prepare and answer, the questions which were eluded.

What do I want?

Is it a correct choice?

Am I ready for it?

Let the questions ponder in your mind, if they are the new challenges that are facilitating and empowering you to search or to just stop walking in the sun yet remaining in the shade. Now is the time to rediscover your heal self by putting your foot forward to go beyond the ordinary with an ocean of confidence in a newfound revolution in self. Let us accept the fact that life is a moving machine remembering to measure each step, minimizing the hurdles that come your way and not forgetting to keep a positive attitude that leads to victory. Make sure you decide and act with care and never forget that life is a filigree of fine threads woven together intricately which needs to be carefully for such life….

**You Learn it – You know it.**

**You read it – You write it.**

**You make it – You find it.**

**You get it – You win it.**

**CHAPTER 2: MY TIME…... A BRIEF CONNECTION**

**“LIFE CAN ONLY BE UNDERSTOOD BACKWARDS,**

**BUT MUST BE LIVED FORWARD”.**

**LET EACH LAMP LIGHT WITH THE SPARKLE OF LIGHT.**

Before even completing my graduation, I was teaching English in St Ursula Girls High School, Nagpur. I never wanted to take up the profession of teaching. I wanted to become a doctor- a pediatrician, but luck brought me to school which today is cherished treasure from where I developed my personality. I learnt a few things which have been embedded in me.

When I recall my early days, I felt depressed, it burnt my desire to live. The silent sorrow and unshed tears came crumbling down crushing my dreams. I lost my way, the way which I had chosen from my childhood days, nothing seemed to be going in the right way, the way I wanted it. It was a picture of faded paints.

As the moments, the hours, the days in school moved there was an incredible change, I was enthralled by the motto of the school which said ARISE SHINE. It had a magnetic effect on me, and it changed my whole life. I did a promise of joy. My thoughts vibrated, making me enjoy my work which sank deep into my system. Even before I realized they settled as the pillars of strength. Those two little words helped clean the cherished dreams and led me to accept this marvelous opportunity though was not what I wanted but had drastically changed the scenario of my life.

My ambition became my past and what fell into my life blossomed. Little things grow, little lights burn, little thoughts changed, and a new venue is born. If I had shied away from my present job and continued to feet. Sorry for what I had lost, how would then I happily continue to serve this prestigious institution, how would I happily continue to serve this prestigious Institution, how would I have to be excellent in my field, how would I have the recipient of the best teacher’s state award, and how would my students connect with me after decades and decades. This was what I was called for life is to live in brightness and to polish it to shine in darkness. We must learn to accept what comes our way and lacquer to shine, rather than making life miserable for what couldn’t be achieved. Rabindranath Tagore

Rightly said, “If u cry because of the sun has gone out of your life, your tears will prevent you to see the stars”.

Let us not forget……

Life is a momentum of the present days; life doesn’t seem to be as we want it. We can fill it with perfect moments, rest ruling our fears and stepping into our new arena made for us which we wouldn’t want to see future of the dream lost does not make one inferior and that there is no chance to move. It surely means our limits have been increased to try hard to build a life in line where the impossible has no space what-so-ever. But faith is ultimately to keep going it is what your life permits for it is an interweaving of fine threads assembled to be used with great judgement.

My time – My space – My desire at times leads to the path of new situations and new success but none could have realized it if the past situation had not risen. Hence the best way is to rise life’s journey and be prepared to face the challenges fearlessly.

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I cited my brief journey of dreams which blossomed into a beautiful flower, as life presented another path in the form of a new destination which brought new and pretty flowers of success and joy gradually turned into life. Do not be discouraged if you dreams are not realized. Open wide your eyes you will find any paths to explore.

It's time we realize, we are programmed to learn things on our own. If we are unsettled in our space, there is crisis of our thinking seizes. Our limitations and strength lie within us. Someone rightly said, “If dreams are broken the cure is dream again and DEEPER.”

CHAPTER 3

**If you cannot do great things in life do small things in a great way**

Flying against the wind

“When you can learn from soft touches then you can learn from Hard Knocks.”

This is the next approach how to thread your way through the scriptures of life and follow the thematic approach which offers strength for our weaknesses abandoning thoughts which are repelling and leading to destruction.

Focus on the possibilities and not on fear. Frustration is understandable but it is better to know its effect on life are damaging and done will help to throw upon the windows to let in the ray of hope. At times when life puts you in an uncontrollable situation one needs to believe in and find that fine line where their other options are accessible.

It's here that you start searching for a glimpse of glowing light to find your way to recover. There is a gosh of wind and through the Creek light and tours. Push with force and fly against the wind as you repropose yourself and ignore people's speculations.

Life is a beautiful journey in which circumstances differ there are difficult dangerous and damaging obstacles which one is unable to face but there is also tiny sparkling stove within each one of us full of power to strike against the storm which only needs to be ignited and propelled with confidence and courage which will definitely result the way to move forward.

Keep cool, cope with the anxious moments and into the path where credibility exists. It is going to be hard but make every effort to make to take the best step, in case you miss one do not panic. Create a new path with a neutral approach. Remember it needs to blossom to its full potential only then it will be successful.

Now look beyond the boundary and the enjoy the ride of life. In this world everyone faces problems, those who are strong stand with an Armor and face it, while those are weak tremble and succumb to it. To enlighten you again with the power one must use its sound mind and strength, fasten your seatbelts and free yourself from the chains of unsuccessfulness creating a new world for yourself and gear up yourself, respect yourself, radiate yourself up to enter an arena of joy and accomplishment.

Do not say “where do I go here from?”

Nothing happens quite by choice. You can climb the mountain and see nothing but as you climb down you will see the lush green pastures. So now it is time to say, “I can therefore I am.” Design your own day or someone else will. Clear out peoples thinking and dwell within your own mind and in your own thoughts. Refuse to be discouraged. Believe in yourself and all that you are. Know that there is something inside you that is greater than any obstacle. Like never before fly against the wind and hold on to the incandescent lamp called LIFE.

**4.**

**Life in front of you is more important than the life behind.**

**To unlock the locked**

**Happy is the man who can all his day sown.**

Progress in life comes through taking initiative and continuing the find the new strategies, plans, concepts. The original moment is not enough to keep you moving your progress will grind to a halt unless you try to unlock the locked, sweep the barren land, fill the engine with the fuel of love, joy peace, by controlling the weakness and forming a strong pillar to rebuild and respond to the challenges faced.

The hopeless situation is when we feel the closing the field of our wishes locked to perishable thoughts that are being replaced by unknown ideas that are needed to mark the new beginning. A right approach must be taken or else the skeleton of negative thoughts will lead to the destructive conditions of self-pity, failure which must be travelled cautiously.

Now to face life and to perceive it is unquestionably laborious and demanding but certainly impossible. Each one of us face it, we all must face it fearlessly as life is a precious gift to be treasured, loved, and enjoyed as we live life only once.

It is time to quash this stigma and refuse to let limitations stand in the way of our possibilities. Move forward and confront the adversities for this will give you the opportunity to improve and grow. Past experiences bring doubting in the mind so pack them away as they come to the surface. Positivity advances in your direction, catch sight of it reason out and don’t lose sight of it or else dark clouds will blind the mind if given space to self-doubt, apathy, and bitterness.

We must reminisce that most worries are enveloping things that may never occur but unconsciously dwell in the mind and get unturned reaching out to something inconceivable bringing no relief but eventually leads to the termination of life.

This has a deep effect on those who are near and dear to us, and they become the loser.

This advice is advisable to the weak and feeble and at times to the strong low.

Life is a challenge, go ahead – face it – feel it and have the intense quest to live, move from ambiguity to certainty, not from certainty to ambiguity.

The great poet Rabindranath Tagore Rightly said, “The sun rises everyday but the sunset is different”.

Life is:

One real reason: Life is not a bed of roses

One little thought: Life is precious

One realization: Life is beautiful

A test: Life is a jigsaw puzzle

A cup of emotions: Life is a joy and sorrow

A state of inevitable: Life is to live on

Three unchangeable words: Life goes on

**It is time to reach out, for life has no pause button.**

**5.**

**Accept and reject**

**Face it to feel it**

**If you make mistakes have the courage to accept it.**

Never say tomorrow, the moment is always. Now, every second you are reborn with a new beginning so why wait, lead your own ways with the ups and down of life. The best way is to confidently face the challenges put on the way by life. Learn to face it and learn to feel it. Time waits for no one and continues in its own way. There can be revision of values in life but not in time.

Be ready to face the unpredictable, don’t turn back with the thought that nothing can be done and end up being a loser which leads to the negativity of life which ultimately crashes to death.

Do we ever think that we have foolishly put our life by striking the march to burn secretly into ashes? Giving no time to think or feel the numbness we have created. We panic with our fruitless thoughts, being surrounded with our wrong perceptions, week and contemplated mood and with a desire to put life into the box of nothing.

It is essential to keep a clear mind with a good productive thought, strength to recover, simple but a part and parcel of smooth and rough roads which must be travelled cautiously.

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**6.**

**Tough times never lost but tough people do.**

**The balance/time**

**Live with intensions, trust your choices, share your joy and sorrow, speak the truth.**